

Birth Preferences



Name

Birth Partner

Planned Place of Birth

- At home
- Freestanding birth centre
- Midwife-led unit
- Obstetric unit

Thoughts on students being present at my birth

- Yes I am happy with that
- No I don't wish for any students
- Undecided

My hopes for birth are

Planned comfort techniques

If my birth plan changes please note

Birthing my placenta

- Physiological birth
- Active management
- Undecided

Vitamin K for my baby

- By injection
- Orally
- I do not consent to Vit K

Other considerations

Plans for my Golden Hour